

Our Promise

Nobody can guarantee achievement of the best results every time when it comes to treating people. One thing we can guarantee and will deliver, -the best effort. The best effort from top professionals who spend their years not in bench research or teaching, but in perfecting their skills, the art of medicine. The art dedicated to adding quality years to your life.

Our Services:
Atherosclerosis Regression Clinic
Minor Stroke and TIA Clinic
Hypertension Clinic
Renal Remission Clinic
Nephrology Consulting

Drew Garcia PA-C. Certified Specialist in Clinical Lipidology

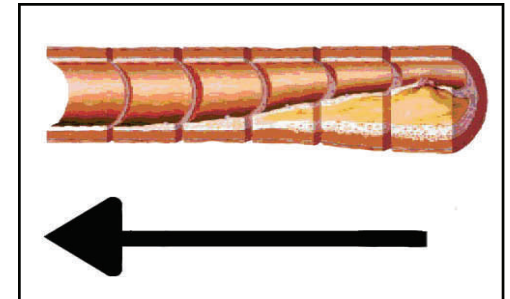
Namita Gill, M.D. Board Certified in Internal Medicine, Board Eligible in Nephrology

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www.atheroregression.com

Finally.
Cardiovascular Prevention.
Tailored to YOU.

ATHEROSCLEROSIS REGRESSION CLINIC



**Renal Remission and Hypertension
Consultants, PLLC**

Do we need better Cardiovascular Disease Management?

Do you know that current cholesterol management guidelines **fail to identify 75% of first heart attacks in people under 55?**

Do you know that most of the patients who have coronary heart disease, stroke, diabetes or poor kidney function will more likely than not die from another heart attack or stroke or end up on dialysis **while receiving “standard of care” therapy?** Is there something better, something beyond “standard of care”? It is already proven and published in the medical literature that 90% of recurrent heart attacks, 80% of recurrent strokes, 40% of death in diabetics, 70% of dialysis in patients with kidney diseases **can be prevented** using Multimodality Interventions.

Introducing Atherosclerosis Regression Clinic

Our approach is based on multimodality protocols proven to achieve superior results in clinical trials. **We optimize these treatment regimens to each individual patient** and use specific measurement to prove that the treatment is working for each individual.

Yes. We can achieve and prove a regression (improvement) in atherosclerosis of major arteries. It literally means they are getting younger. This is our **Atherosclerosis Regression Clinic.**

An important part of our **care is provided in cooperation with Berkeley Heart Labs** and its 4myheart Program. The **4myheart Program** provides ongoing interaction with each patient through individual education and group sessions.

For more information about Berkeley HeartLab's 4myheart Disease Management Program, please visit www.4myheart.com and www.bhinc.com.

Our Difference

Our goal is not just to “get the numbers right”, but to eliminate Cardiovascular disease from our patients future.

To achieve this we are using sophisticated blood tests and Ultrasound to measure cholesterol layer thickness in carotid arteries (CIMT) at a baseline and after a year of therapy.

Patients who achieve atherosclerosis regression, along with optimal control of blood tests and blood pressure have very low risk of Heart Attack, Strokes or any other cardiovascular events in their future. Not every patient will be able to achieve these results, but we believe that every patient deserves this chance.