

Our Promise

Nobody can guarantee the best results every time when it comes to treating people. One thing we can guarantee and will deliver, -the best effort. The best effort from top professionals who spend their years not in bench research or teaching, but in perfecting their skills, the art of medicine. The art dedicated to adding quality years to your life.

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Achieving Remission and Regression of Chronic Kidney Disease

**Renal Remission Clinic
Nephrology Consulting**

**Renal Remission and Hypertension
Consultants, PLLC**

Do we need better Cardiovascular and Kidney Disease Management?

Chronic kidney disease, especially associated with Type 2 Diabetes, is traditionally viewed by medical professionals as a relentlessly progressive disease. In current guidelines, as well in generally accepted standards of care, effort is primarily directed toward slowing the progression of the disease and preparing the patient for dialysis or kidney transplant.

Renal Remission Protocols

Recently developed multimodality intensive treatment protocols of several antihypertensive and lipid lowering medications make it possible not only to delay the progression of renal failure, but in up to 70% of cases to stop progression altogether (renal remission). In a small proportion of the patients with previously progressive renal disease treated with these protocols, not only stabilization, but an improvement in renal function, can occur (renal failure regression).

Our Difference

The basis for our renal remission clinic's protocols was developed by Drs. Piero Ruggenti and Giuseppe Remuzzi in Mario Negri Institute in Bergamo, Italy, with contribution from Dr. Barry Brenner in Harvard, MA, USA. We use our version of their protocols, modified to better serve our older, predominantly Type 2 diabetic population and to reflect specifics of practice of medicine in the US.

Our experience with using these protocols in Type 2 diabetics is the largest reported in the medical literature or on the Internet. We achieved similar level of success to the others, while treating significantly older and sicker population with more advanced stages of the disease. Medical professionals can access these results and our protocols in the Presentations section of our website.

Kidney and Cardiovascular Disease Connection

Majority of patients with Chronic

Kidney Disease are at very high risk for Cardiovascular events (Heart Attacks, Strokes) and Peripheral Vascular Disease. Even patients with severe impairment of renal function are twice as likely to die (mainly from cardiovascular disease) that to start dialysis.

With majority of our Renal Remission Clinic patients achieving stabilization of kidney disease the biggest threat to their health clearly comes from Cardiovascular disease. This is why we recommend to our Renal Remission Clinic Patients enrollment in Atherosclerosis Regression Clinic program in our office.

Achieving Remission: Patients Part

Implementation of Renal Remission Protocols requires significant contribution from the patient and his/her family. Dietary and lifestyle modifications are needed for the treatment to succeed. Not every patient will be able to achieve these results, but we believe that every patient deserves this chance.